

PSHE (Personal, Social, Health, & Economic) Education Statement

Our PSHE scheme of work has been developed using Hampshire County Council guidelines and advice from the PSHE Association (2014). The planned PSHE programme is taught discreetly, through other curriculum areas, school events and within the whole school ethos.

PSHE is delivered through a range of teaching styles which includes but is not limited to:

- circle time
- group discussions
- drama
- problem solving
- stories

The aims of PSHE are to enable children to:

- know and understand what constitutes a healthy lifestyle (e.g. the benefits of physical activity, rest, healthy eating and dental health)
- develop self-confidence and self-esteem enabling them to make informed choices
- understand what makes for good relationships with others
- have respect for others
- be aware of safety issues (including road safety, the correct use of medicines and online safety)
- be an independent and responsible member of our school community
- develop self-confidence and self-esteem enabling them to make informed choices
- be positive and active members of the wider community (e.g. what improves and harms their local environment)